family first™

Support for Caregivers At Every Stage of Life

Family First supports caregivers through life's toughest moments, including caregiving, serious illness, aging, childcare, loss, and major transitions.



Family First combines dedicated Care Experts with a powerful digital Care Hub, bringing together *human expertise* and *intuitive technology.*

Together, they provide more than generic advice or task lists. Care Experts advocate on caregivers' behalf to resolve all life's challenges with unmatched expertise and speed.

> As a result, our clients see lower medical spend and caregivers that are healthier, more productive, and fully engaged on the job.

Global reach. Local understanding.

Family First supports global clients and globally distributed workforces, delivering culturally-fluent care through local expertise wherever caregivers live.

Real Outcomes for Caregivers and Clients

90+	Year-to-Date Member CSAT (97) and Client NPS Scores (91)
34%	Average reduction in burnout risk per engaged caregiver
72%	Report improved physical and/or mental health 90 days post-case closure
21 hrs	Average time saved by caregivers per week utilizing Family First

© 2026 Family First, Inc. All Rights Reserved.

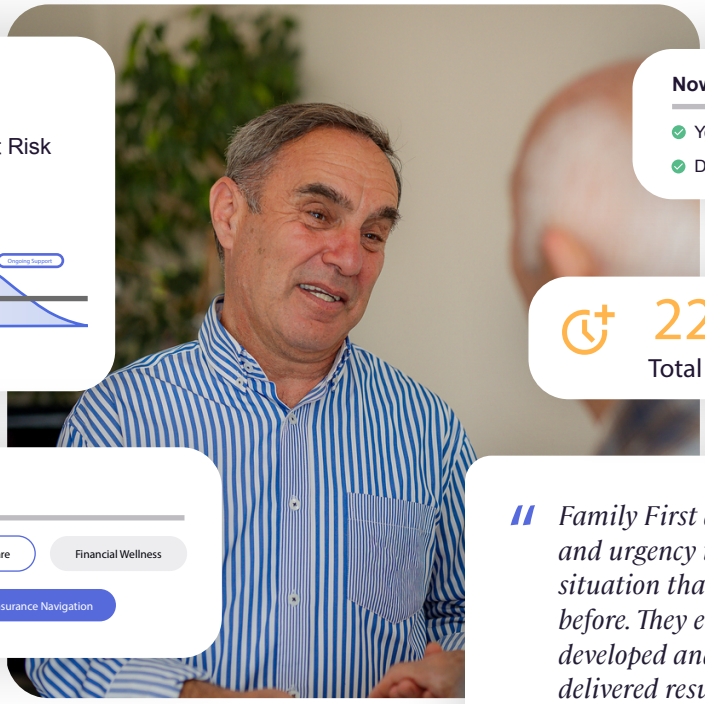
sales@family-first.com

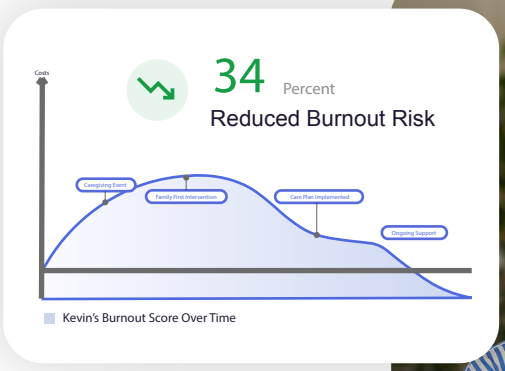
family first™

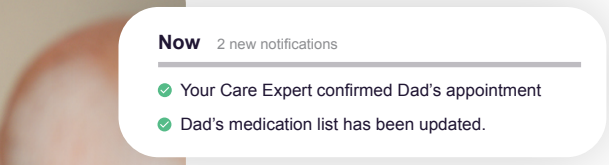
Care Experts who guide, advocate and do the work

Family First Care Experts take on the hardest parts of caregiving, from coordinating care and navigating insurance to managing complex needs, so caregivers can stay focused at work and supported at home.

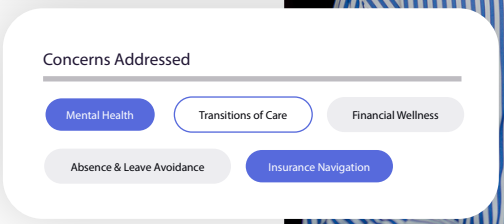
Using our proprietary ***Caregiver Risk Index,*** we identify signs of strain early, enabling timely intervention that prevents burnout and helps clients move from reactive crisis management to proactive wellbeing.





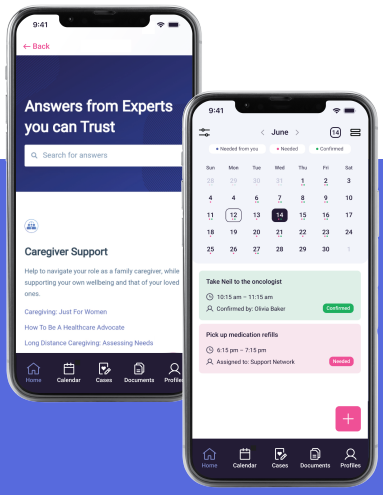






> *Family First acted with a level of speed and urgency to solve a highly complex situation that I have never experienced before. They eliminated my family's stress, developed and executed a plan, and delivered results — all in four days.*

Sharon Cunninghis
Former Senior Partner, Mercer



Available on web, iOS, and Android

When Life Is Connected, Care Should Be Too.

Family First's digital Care Hub gives caregivers one place to access tools, resources, and expert guidance. Personalized tools help families stay organized, coordinate care, and make informed decisions. Available on web and mobile, support is always within reach.

© 2026 Family First, Inc. All Rights Reserved.

sales@family-first.com